Kent Community Health
NHS Foundation Trust

Private and confidential

Kent School Health Service
Central AdminTeam (CAT)
Trinity House,
110-120 Upper Pemberton,
Eureka Business Park,
Ashford,
Kent, TN25 4AZ
Phone: 0300 123 5205 Option 2 (9am to 5pm)
Email: kentchft.schoolhealthscreening@nhs.net
Web: https://family.kentcht.nhs.uk/

Thursday 03rd September 2026

Dear Parent/Carer

National Child Measurement Programme (NCMP) – Year 6 and The Lancaster Model health questionnaire (TLM)

This letter is to invite your child to participate in Year 6 NCMP and TLM health questionnaires offered by the School Health Team at Kent Community Health NHS Foundation Trust.

National Child Measurement Programme

Each year in England, school children in Year 6 have their height and weight measured at school as part of the NCMP. Height and weight measurements are used to calculate weight status. We collect this information because it builds a picture of how children are growing and helps plan better health and leisure services for families. This data also allows us to offer you further support and advice about your child's weight. We will be visiting schools throughout the academic year from September 2026 to August 2027.

Measurements are completed by trained healthcare professionals. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

Your child won't have to take part on the day if they don't want to or are unable to do so. We will contact you to let you know if this happens. None of their measurements are shared with your child's school or any other agencies. The only data that is sent is anonymised You can also be reassured they will not be discussed with your child.

The results are sent to you, so the decision whether to talk to your child about them is entirely yours. If you **don't** want your child to take part in the NCMP, you can opt them out of the programme using our online form opt out or phoning **0300 123 5205, option two by Friday 18th September 2026.** You will need to provide us with your child's name, address, date of birth, school name and address for us to remove them from the programme.

More information on the programme and advice on how to speak to your children about weight are available on the Kent Family website.

Please be aware we aim to complete NCMP for all of Year 6 before the end of 2026's autumn term.

The Lancaster Model (TLM) health questionnaires

The Kent School Health Team assess the health and development of young people in year six using an electronic health questionnaire called **The Lancaster Model (TLM)**.

The TLM survey helps identify any factors impacting on your child's ability to live a healthy life and achieve their full potential. A child may have a long-term medical condition, such as diabetes, asthma or anaphylaxis, be a young carer or perhaps need support to cope with a bereavement or a relationship problem. This can also help to support transition into secondary school.

You will be contacted 7 to 14 days before we are due to visit your child's school to complete the TLM, you don't need to do anything at this time. The TLM won't happen at the same time as your child is weighed and measured.

If you have any questions relating to this letter or wish to discuss any health concerns which could impact on your child's education, please contact the School Health Team using the details at the top of this letter.

Visit Kent Family for more information about the Kent School Health Service.

Information about how Kent County Council and Kent Community Health NHS Foundation Trust collect and use information can be found at www.kent.gov.uk/about-the-council/information-and-data/access-to-information/gdpr-privacy-notices/education/national-child-measurement-programme-ncmp-privacy-notice

Yours faithfully

Kent School Health

Kent Family **Better Lives Healthier Families**

Do you have feedback about our health services?

Phone: 0800 0304550
(currently only available to 11am to 2 pm), Monday to Friday
Text: 07899 903499
Email: kentchft.pals@nhs.net
Web: www.kentcht.nhs.uk/PALS
Patient Advice and Liaison Service (PALS) Kent Community Health NHS Kent Community Health NHS Trinity House, 110-120 Upper Pemberton, Kennington TN25 4AZ